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Christ Consciousness during the Time of Christmas

By Anneli Driessen Ph.D., Ph.D., MCC – March 8, 2021

I am deeply grateful that I was raised Roman Christian as a child. I learned that there was **one** Almighty God for everyone and everything. What a most comforting realization!

Later, my curiosity led me to explore other religions, spiritually-oriented movements, and indigenous paths, allowing me to feel a deep appreciation for all sacred traditions that truly honor ALL.

We will soon enter, once again, one of the most reverend, most beautiful days of the year: Christmas, which is celebrated around the world, not just by Christians.

I enjoy reflecting on the meaning of ‘Christ’ from a mystical perspective. The term ‘Christ’ symbolizes a path back to where we originated from. It describes a dimension of our being in which we are deeply connected with all that is. For me, it is not relevant whether or not his life has been recorded correctly historically but instead focuses on the essence of the lessons that were transmitted. It reminds me of courage and unwavering dedication towards pursuits of truths.

“I am in my Father, and ye in me, and I in you.” is a most profound statement recognizing that at the very core of our being, we are all one, no matter what gender, class, color, or sexual or religious orientation.

This realization requires humility, compassion, and wisdom, which may be summarized with the term LOVE. It involves the development of spiritual intelligence, which goes far beyond prayers and meditation practices. It requires action, action to be the best father and mother, partner, friend, the best co-worker, the best political leader and business person, the best in each role we take on while on this planet, regardless of the circumstances. Jesus, the man, like many others, showed me ‘the way’ in which all truths, traditions, and beings are respected as messengers of the Divine.

May we all be able to soften our identification with a particular religious or tribal tradition and enact a world based on our mutual one and only source, sharing the light that fills all of us throughout the coming year.

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